



St Helen's Church

Ashby-de-la-Zouch

FAITH — LOVE — COMMUNITY



Parish Magazine

July 2026

PARISH DIRECTORY

General inquiries: in the first instance, please contact the parish office.

Parish office: **parishoffice@sthelensashby.net** // 01530 411607

Community Heritage Building, 4 Church Yard, South St, LE65 1AA

Opening times: Monday, Wednesday, Thursday & Friday 10am - 1pm

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Donations can be left in the boxes at the back of St Helen's Church, in the porch of Holy Trinity or the Congregational Church, or at any of Ashby's

Co-ops. Thank you to everyone for the continued support.



FROM THE MINISTRY TEAM

At 1am on the morning of Saturday, 27th June, I was deliberately awake and indulging in a bout of nostalgia, as I heard the last ever words of BBC Radio 4 transmitted on Long Wave via the Droitwich radio masts. It felt a fitting tribute to something that has been the backdrop to so much of my life.

I think my first conscious awareness of something being broadcast on 1500m LW was when I was 9 and the BBC broadcast Wimbledon on what was then the Radio 2 network – my teacher used to bring her radio into the classroom and listen to the tennis. I have no idea what we pupils were supposed to be doing – presumably some sort of art or craft that required minimal supervision. But that was how I learned that Anne Jones had won the women's singles in 1969.

Later I would listen to the Charts while doing my weekend homework on Sunday afternoons – on Radio 2, as the reception on Radio 1 was terrible. And then, after the redistribution of frequencies between the BBC networks, there was, until the last couple of years, Test Match Special. There have been times when only Radio 4 LW would do – driving on the M6 through the Lake District and Scottish Highlands, when the FM signal disappears. When we stayed on the remote Scottish island of Jura in 2015, it was our only contact with the wider world, as we had no TV, phone signal, internet access or FM radio signal – we listened to the general election results overnight and at dawn had the privilege of seeing an otter immediately outside our cottage. I felt that I wanted to pay my respects to an old friend when the service closed down.

Why has it been closed? Well, primarily the expense of maintaining the infrastructure for the relatively small number of people who still use it, those numbers having been falling away because the sound quality is poor compared with alternative means of listening to Radio 4. What was once cutting-edge technology is that no longer. But all the content of what was transmitted on Radio 4 LW is still there. It hasn't changed. It's just being



communicated in ways that are more accessible to more people. And, if you listen to Radio 4, you will be repeatedly told of numerous different ways that the content, the message, if you like, is available to you.

Where, you might reasonably ask, is all this leading?

It has left me remembering that, just like radio, there are all sorts of different ways we can hear what God is saying to us. Sticking with the radio analogy, there are all sorts of different ways we can tune in to God, some of which will suit us better than others. The key thing is that the content is the same – the message that God loves us inexpressibly; that Jesus died and rose again to communicate that love and to enable us to enter fully into a relationship with God; that the Holy Spirit lives within us and empowers us with that love. It doesn't matter how we listen to the message, it is this fundamental content that matters.

We probably all have times when we switch between modes of listening, depending on how we feel or whatever is going on in our lives. It's also the case that sometimes a way in which we are used to connecting with God doesn't seem to work any more, or doesn't work right now. Perhaps the crackles have got too loud and the message keeps breaking up. Or we don't seem able to tune in in quite the same way. This is where, often, we need one another. Because, between us, we connect with God in all sorts of different ways. There are those who tend to hear God best on their own, while walking, through nature, through music, through the words that they read, through entering into silence. And there are those of us who hear him most easily when with others, in worshipping together – which, in itself, can cover a myriad of styles and traditions – or in fellowship and sharing at a Bible study or informal discussion. This is not an exhaustive list! None of these ways of hearing God is better or superior to any other, just different. And when any of us are finding, perhaps, that our usual means of connection is not working as well as it used to, then we can experiment with what is working for others.

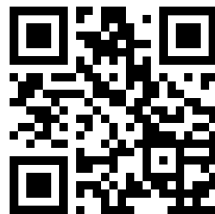
It's obviously possible to push this, like all analogies, too far. However, there is one thing of which I am quite sure. However you best listen to God, he is very much not like the BBC! He is never going to take any of his ways of communicating with us off the air. But, equally, as the BBC never ceases to remind us, there are many ways of listening, and

perhaps from time to time we might all benefit from exploring the different ways we can listen to God – so that, in Rev Sue’s closing words from her letter in the June magazine, “we may live closer to Him, be more attuned to Him and be better equipped to serve Him.”

Judith Lewis

ASHBY YOUTH FOR CHRIST

If you would like to sign up for regular updates either follow this link <http://eepurl.com/dvVqrj> or email helen.davis@yfc.co.uk. Alternatively you can scan the QR code. Thank you for all your prayers and support.



Thank you for your support!

The board of trustees would like to offer their sincere thanks to everyone who supported our recent Cream Tea fundraiser. We are pleased to announce that a grand total of £1004 was raised. This is an amazing amount which would not have been possible without the generosity of those who attended and helped on the day. We are excited to plan ahead to keep on putting God’s timely and consistent provision to good use, reaching young people in and around the Ashby area.



Over the summer we plan to trial a new schedule of outdoor activities for young people in the area. This is just being finalised and will soon be advertised, so please do speak to any young people you are in contact with as these days out will, we hope, offer really valuable experiences for young people. The schedule will be circulated soon.



ASHBY JOY

Ashby JOY is a group of people in their 20s &30s from various local churches, who meet weekly for fellowship and study.

We have continued to enjoy times of great fellowship together, celebrating birthdays and recently reaching the culmination of the 'Practicing The Way' course by John Mark Comer.

With three birthdays taking place in June we enjoyed a JOY fancy dress party:



Our schedule for the weeks ahead is as follows. At Ashby Baptist Church:

Thursday 9th July– 7.30pm– Worship Karaoke

Thursday 16th July– 7.30pm– Themed presentation and discussion

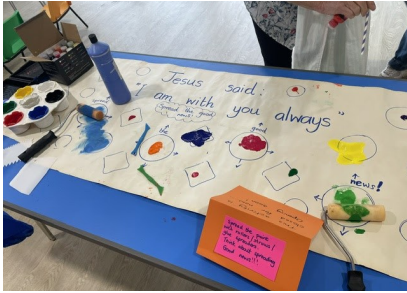
Thursday 23rd July– 7.30pm- Watching 'The Chosen' with food

Thursday 30th July– Social (venue tbc)

For more information, or to be added to our WhatsApp group, please contact the Parish Office.

Emily Darlington

CHILDREN AND YOUNG PEOPLE



Our theme for the recent Messy Church was **'Spread the word!'**. Let's just hope we didn't obliterate it!!!

We decided that there was far too much doom and gloom about and that we would spread some **GOOD** news!! Both children and adults wrote good news messages for the Sunday congregations which we stuck to pews in St Helen's and sent on beautifully coloured cards for those at St Mary's . They were very much appreciated and certainly raised a smile!!!

Next Messy Church is Friday 3rd July, 4:15 at St Helen's heritage centre - and the summer picnic is Thursday 30th July - details to follow.

Pat Stafford

ST JAMES PALACE

On Sunday 31st May I was standing with Catalina at the top of Market Street at 6.15am (a time I am rarely awake) to be picked up for a trip to St James's Palace in London.

Our Rector is a chaplain to King Charles and as such is invited to preach in the Chapel Royal once a year. She is happy for church members to accompany her, and on that day there were seven of us taking up the offer.

Sue and Eileen both drove, we had a stop for breakfast and arrived at the car park that Sue uses in good time. We then caught the tube to Green Park and watched the crowds at Buckingham Palace before walking to St James's Palace.

We were offered coffee on arrival. The service began at 11.15am and was Choral Holy Communion from the Book of Common Prayer. We weren't the only visitors that day. There was a group from Belgium and some German visitors.

We took lots of photos of the inside of the Chapel Royal, which is very ornate.

It was Trinity Sunday and the readings were from Revelation Chapter 4 and John Chapter 3.

In her sermon Sue described how she completed a 192 miles walk from Coast to Coast with a friend over 17 days, and how their perspective changed as they encountered mountains and footpaths.

She then reminded us that we are all called to change perspectives as followers of Jesus, and our calling is to see the world from God's eyes and are his hands and feet in the world.

After the service we went to a local restaurant for lunch and then travelled back to the car park for our drive home, with a stop for drinks on the way.

It was a lovely experience and I'd encourage others to take the opportunity in future.

Susan Boardman-Weston



CHANGE TO SUSTAINABLE FLOWERS

A couple of years ago I wrote an article in this magazine about church flowers, which I ended with concerns about the environmental impact of commercially grown flowers and single use floral foam, acknowledging that there would have to be changes for the Church of England to achieve net zero carbon emissions by 2030.

That time is here. The Sustainable Church Flower Movement, which started in a Worcestershire village church, is gathering momentum and in February this year General Synod backed a motion from the Diocese of Worcester encouraging churches and cathedrals to explore ways of arranging flowers that are both beautiful and environmentally responsible

What you will have heard in the news is that churches and cathedrals are being encouraged to stop using floral foam – a single use plastic which releases huge numbers of microplastics into the environment – and to explore more traditional and less environmentally harmful ways of securing floral displays.

But that is only part of the issue. Commercially grown flowers have a high carbon footprint – which often includes heated greenhouses, high use of water and chemicals, refrigerated storage, flights to get them from supplier to market, and plastic packaging. The industry is making changes, and as ever the situation is complex with parts of the world having an economic reliance on flower growing, but to be sustainable we need to change our choices. This means using locally grown, seasonally available flowers and foliage which we then compost once the display has faded.



So, your flower arranging team are both excited and a little nervous at finding different ways to 'do the flowers', especially as many of us have only ever arranged church flowers in foam. You will notice a shift to more natural style arrangements and greater use of home-grown foliage and flowers, in fact we are considering having an area just to grow flowers for cutting.

We hope that our arrangements will still glorify God and provide a welcome for all who enter the church, as well as being kinder to the planet. We would love to hear from anyone who can supply us with plant material occasionally, and from anyone who would like to get involved in arranging flowers in church. But most of all we ask for your encouragement as we hone our craft in a new way.

The Flower Arranging Team

FROM THE ALBUMS

Our evensong congregation in June, of over 70 people, were afterwards entertained by the Brian Humpherson Jazz Quartet. What a great evening!

See the poster later in the magazine for the remaining soirees taking place this summer.



We also hosted our first pet blessing service, giving thanks for our animal companions past and present. This was enjoyed by members of the wider Ashby community.



A few members of our congregation spent a morning completing some fire extinguisher training!





St Helen's Church & Heritage Centre



Festival of Archaeology 2026

Events at St Helen's

Guided Tour of St Helen's Church -

Wednesday 8th July at 2 pm

Guided Tour of St Helen's Churchyard -

Saturday 11th July at 2 pm

Children's Workshop—

"Churchyard Detectives"

Monday 20th July from 10 am—1 pm

EVENTS ARE FREE, BUT DONATIONS ARE WELCOME

Ashby-de-la-Zouch, Leics, LE65 1AA

For more information:

Website: www.sthelensashby.net

Email: heritage@sthelensashby.net



OUR WORSHIP IN JULY

	am	pm	Wednesday
1st Sunday 5th July		6pm Soiree	2nd Wednesday–8th Holy Communion 10.30am At Prior Park
2nd Sunday 12th July	10.30am Holy Communion		3rd Wednesday– 15th Morning Prayer 10.30am In Church
3rd Sunday 19th July	10.30 am Morning Worship		4th Wednesday– 2nd Holy Communion 10.30am In Church
4th Sunday 26th July	10.30 am Holy Communion	7.30pm Compline	5th Wednesday– 29th Holy Communion 10.30am In church

Regular activities:

- Monday mornings - Little Fishes 9.30 - 11.30am during term time
- Mondays - Pilgrim group
- 1st & 3rd Wednesday - We're in stitches – 2 till 4pm
- Thursdays - Morning Light– 8.45am
- Thursdays - Choir practice – 6.30 till 8.30pm
- Fridays - Heart- warming Space 2-4pm
- Saturdays - Parish Prayers – 9.30am in the Hastings chapel
- 1st Saturday - Pause for Paws

DATES FOR YOUR DIARY

Friday 3rd July– 4.15pm– Messy Church

Saturday 4th & Sunday 5th July– Ashby Open Gardens

Several gardens from across the St Helen's community will be open for this annual event. This includes the rectory which will be open on Saturday. 'Passports' are available for £5 from Ashby Toolbox or Woodlander.

Sunday 6th July– Soiree—6pm

This will be a homegrown soiree featuring several gifted musicians from the St Helen's congregation. The recital is preceded by choral evensong and refreshments.

Wednesday 8th July– Guided Tour of St Helens– 2pm

Saturday 11th July– Quiet Day—9.15am-3pm

Exploring the writings of CS Lewis and Tolkien alongside scripture. There will be plenty of opportunity for prayer and time to attend to those glimpses of eternity that are given to us both indoors and out.

— **Guided Tour of St Helens Churchyard– 2pm**

— **Church BBQ– 6pm** (contact the Parish Office for ticket information)

Monday 20th July—Churchyard Detectives– 10am-1pm

Children's Workshop - part of the Festival of Archaeology 2026. Free, but donations are welcome.

GARDENING TIPS FOR JULY

Following record high temperatures in late June, July is still one of the most productive months of the year in the garden. However, there is plenty of time to plant out new things, as well as enjoying your established garden scenery.

We have started feeding our various collections but it's important to choose the right feed for the right plant. Ericaceous feed for plants like Camellias, Rhododendrons, Hydrangeas and even Blueberries. Tomato feed for guess what? Tomatoes, and a general-purpose feed for annuals and perennials.

Prune and reshape early flowering shrubs so that they can put on new growth this year which will hold the flowers for next year. In order to keep your perennials flowering throughout July you must continue dead-heading them, especially Roses. Be sure to support tall plants and climbers in the event of bad weather. Don't forget to dead head your annuals as well to ensure further flowering.

Continue the never-ending garden task of weeding, even during hot July days, as it's essential to remove any competition for both water and soil nutrients.

Make your final picking of Rhubarb and remove any flower spikes which start to form. Thin-out heavy crops of Plums, Apples and Pears and remove any malformed, damaged or undersized fruits. Peg down Strawberry runners into pots of compost to root new plants for next year.

Water thirsty crops such as Celery, Beans, Peas, Courgettes and Tomatoes regularly. Don't forget to tie in your Tomatoes and Cucumbers onto canes and regularly pinch out Tomato side shoots if needed. Cover Brassicas with fine netting to prevent Cabbage White Butterflies laying their eggs on the leaves. Start digging up your early Potatoes when you need them. It is a good idea to pick and freeze Herbs so they can be used later.

Feed house plants once a week with liquid fertilizer and water them regularly as the temperature and light levels increase. If you have space, and as it becomes hotter, put your house plants outside in a warm sheltered place so that they enjoy the fresh air and extra light.

The lawn needs some attention this time of year, especially when there are a few days of dry sunny weather. Put the sprinkler on the lawn to keep it looking lush and green. Any areas that were left uncut because of daffodil foliage that had not properly died down may now be looking a bit brown and bare. Fork it over, apply a dressing of fertiliser and water well.

July brings long warm days which continue into the evening – this is perfect for pottering in the garden, hosting BBQs, and enjoying your plant beds, borders and vegetables as they reach their peak.

Now that your gardening jobs are under control why not visit some of the local village Open Garden Schemes. Also have a look at the gardens open with the National Garden Scheme (NGS) as there are many gardens worth visiting which you can find in their Yellow Book.

Most importantly it's time to relax and enjoy, "The fruits (and vegetables) of your labour".

Alan and Alison Cross

COUNT NIKOLAS LUDWIG VON ZINZENDORF (1700-1760)

This is a portrait that tells more than a thousand words.



He has bundles of confidence, enough to carry him through his motley life with its many bends and surprises. He didn't so much develop the ideas of others as try out plenty of his own. Like our Selina, Countess of Huntingdon, his was from a noble (read wealthy) family. His father, Georg Ludwig von Zinzendorf, died when Nikolaus was only six weeks old. But therein lay some luck - he was raised by his grandmother, Henriette Catharina von Gersdorff. She was in-

fluenced by the Pietist movement and filled his childhood with scripture, prayer, and concern for practical Christian living.

One of his childhood mottos was,

I belong to Jesus, and Jesus belongs to me.

While visiting an art gallery in Düsseldorf as a young man, he saw a painting of Christ wearing the crown of thorns. It's 'Ecce Homo' with the quote:

This have I done for you; what have you done for me?

After that, Zinzendorf felt called to dedicate his life completely to Christ.



In 1722 he married Erdmuthe Dorothea von Reuss-Ebersdorf. At this point you're probably thinking, if I had a long complicated name, I would have been more successful in life.

Their marriage was unusually devoted and soon both were glad to open their estate to Moravian Christians who were being persecuted in a nearby region. This was the start of a working community they called Herrnhut (the Lord's watch) and later on other Christians joined them.

As with all Christian communities there were some tensions, and this bothered Zinzendorf. Remarkably, during a communion service, a spirit of reconciliation fell on them all, and this solved the problem.

Herrnhut is why he is remembered because it shows his practical kindness to others who are in a difficult situation. He had his heart in it. His main desire was for all Christians to live together in harmony, rather than be involved in theological battles.

What do other say of him? Theologians struggle to categorize him because he was deeply Lutheran yet ecumenical; aristocratic yet devoted to refugees; intellectually educated yet highly emotional in his spirituality; committed to doctrine yet suspicious of theological systems.

As a result, he is often discussed as a unique phenomenon rather than as the founder of a distinct theological school. So in some ways he is similar to our Selina. He and the Moravian movement influenced John and Charles Wesley, who helped set up the Methodist church.

For now, we'll conclude here, although a lot more can be said about Count Nikolas Ludwig von Zinzendorf. At this point, if he was with us today, he might say – I'll be back!

Richard Vann



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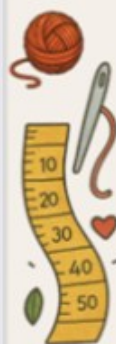
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If you'd like to contact Mo (the coordinator):
07748 157649

Or contact Anne (group leader)
she's on Instagram: @new_vintage_sewing



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Sunday Soirée

Choral Evensong sung by St Helen's choir
followed by refreshments then a short recital

Sunday 29 March

*(Different format - see event
poster for more info)*

Music for Palm Sunday by St Helen's
Choir and a string quartet

Sunday 3 May

Organ recital by Chris Ouvry-Johns,
Director of Music, Leicester Cathedral

Sunday 7 June

Brian Humpherson's Jazz Quintet

Sunday 5 July

Music by members of St Helen's
church

Sunday 6 September

Music for two pianos
Jeremy Kimber and Sue Field

Sunday 4 October

Music for saxophone, oboe and piano
Corinne Marsh and Jeremy Kimber





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